

Insight Foundation Property Trust Limited

NAV (30/9/04)	101.37 pence per share
Total shares issued	260,000,000
Mid share price	110.5 pence (30/09/04)
Gross property value	£349.68m (30/09/04)
Number of properties	73
Average lot size	£4.79m
Average lease length	9 years

Next Ex Dividend date	27 October 04 26 January 05
Financial year end	31 March 05
Current debt	£98m
Arranger	NM Rothschild
Current gearing	28% loan to value
Currency	GBP
Registered office	Guernsey

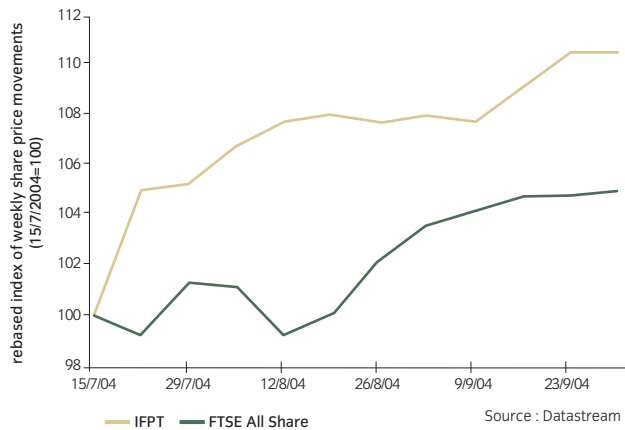
Investment objective

To provide shareholders with an attractive level of income together with the potential for income and capital growth from investing in UK commercial property.

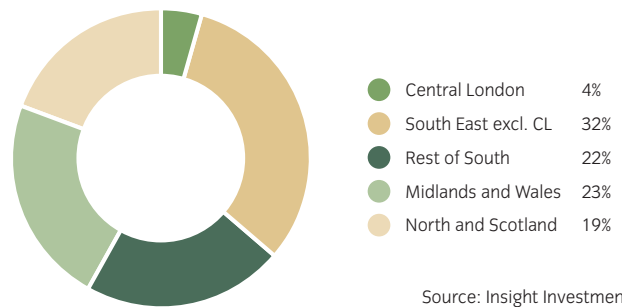
IFPT share overview

The Trust's shares have risen from a launch value of 100p to 110.5p on 30 September 2004, a 13% premium to the launch NAV. The IFPT is delighted to announce that the net asset value has risen to 101.37 pence per share as a result of an increase in the value of the Trust's properties. The uplift in the share price over the period to 30 September is 10.5%.

Share performance analysis

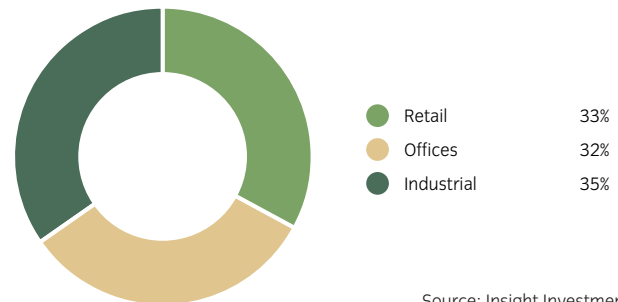


Sector weightings



Source: Insight Investment

Regionally the new properties have slightly reduced the Trust's bias towards Southern markets in favour of the Midlands and the North. Overall the Trust remains well diversified across all regions and sectors of the UK commercial property market.



Source: Insight Investment

Portfolio activity

Nine further properties were acquired by the Trust in September which have been valued at £49.5m and produce an initial yield of 7%. These properties enhance the income yield and improve the weighted unexpired lease length of the portfolio. The Trust expects to complete the purchase of one further asset in November and is actively seeking to invest the remaining funds. All future purchases will be expected to meet or exceed the performance criteria set out in the prospectus.

Portfolio structure

The sector balance of the Trust has changed little as a result of the new acquisitions which comprised a diverse portfolio of retail, office and industrial investments.

Property market performance

The commercial property market continues to outperform both equities and bonds producing an annualised total return of 20.5% over the three months to the end of August 2004 as compared to 6.4% for the All-Share index and 12.1% for 5-15 year gilts. Investor demand for the asset class remains very strong which continues to increase prices. The last few months have seen a moderation in the rate of capital growth, possibly as a result of higher interest rates. The retail sector remains the strongest performing sector as a result of good rental growth and strong investor demand.

Portfolio highlights

Acquisitions

Portfolio. The Trust acquired 9 properties let to 32 tenants producing a total annual rent of £3.65 million that reflect an initial yield of approximately 7%. There are a number of immediate opportunities to add value through asset management.

Manchester Industrial. Contracts have been exchanged in connection with the acquisition of a new warehouse / distribution unit in South Manchester let to a good covenant. The price of £2.15m reflects a net initial yield of 7.17% and the property offers good prospects for future rental growth.

Disposals

Hemel Hempstead. Terms have been agreed to sell three retail units. We will confirm the price at exchange of contracts.

Wembley Office. Negotiations are continuing with potential purchasers for the Trust's office investment in Wembley. In light of these sensitive discussions further detail will be provided in due course.

Active management

Brentford Industrial. At the Gate Centre, Brentford, terms have been agreed to let two prominent units to a car showroom operator on a longer lease at a materially higher rent. The proposed transaction is subject to planning but in the intervening period the proposed tenant will take a lease of one of the units. A short-term lease extension has been agreed on the other unit during the planning period.

Ten largest holdings

Reynard Business Park, Brentford	4.9%
20/22 Tudor Street, London, EC4	4.4%
The Albion Centre, Ilkeston	3.8%
Union Park Industrial Estate, Norwich	3.5%
Olympic Office Centre, Wembley	2.9%
Rectical Unit, Alfreton	2.9%
Victoria Plaza, Bolton	2.8%
106 Oxford Road, Uxbridge	2.5%
The Quadrant, Bristol	2.5%
The Gate Centre, Brentford	2.5%
Percentage of total gross value	32.7%

Ten largest tenants

Freshfields Services Company	5.5%
BBC	3.4%
Grand Metropolitan Estates Ltd	3.4%
Recitichel SA	3.0%
Jarvis Porter (Property Holdings) Ltd	3.0%
Concept Automotive Services Ltd	2.2%
Tucker, Crossland Darke (Irwin Mitchell)	2.2%
Parametric Technology (UK) Ltd	2.1%
Clinton Cards (Essex) Ltd	2.0%
Veale Wasbrough Solicitors	2.0%
Percentage of total income	28.8%

Contacts

Broker

Cazenove & Co. Ltd.
20 Moorgate
London
EC2R 6DA
Tel: 020 7588 2828
FAO Richard Cotton (Managing Director, Corporate Finance)
Angus Gordon Lennox (Managing Director, Corporate Finance)

Fund Administration

RBSI Fund Services (Guernsey) Limited
St Andrews House
Le Bordage
St Peter Port
Guernsey
GY11BR
Tel: 01481 740 820
FAO Paul Smith (Managing Director, RBSI Guernsey)

Investment Manager

Insight Investment Management (Global) Limited
33 Old Broad Street
London
EC2N 1HZ
Tel: 020 7930 5474
FAO Duncan Owen (Managing Director, Property)

Issued in accordance with Section 21 of the Financial Services and Markets Act 2000 by Insight Investment Management (Global) Limited. The price of shares and the income from them may go down as well as up and investors may not get back the full amount invested on disposal of the shares. Investments in property are relatively illiquid and more difficult to realise than equities or bonds. Yields may vary, and are not guaranteed. The use of gearing is likely to lead to a volatility in the Net Asset Value (NAV), meaning that a relatively small movement either down or up in value of the trust's total assets, will result in a magnified movement in the same direction, of that NAV. There is no guarantee that the market price of shares in Investment Trusts will fully reflect their underlying NAV. This Investment Trust should be considered only as part of a balanced portfolio, of which it should not form a disproportionate part. Under no circumstances should this newsletter be considered as an offer, or solicitation, to deal in investments.

All figures correct as at 30 September 2004. Past performance is not necessarily a guide to the future.